



Foothill Hoops
Basketball Training
Winter Prep Workshops



A 501(c)3 Non-Profit Organization

BACK - TO - BASICS WORKSHOPS

Ages 6-7 and Ages 8-9

- Two Saturday Workshop Sessions
11/14 & 11/21
- 75 Minute sessions
- \$59 Registration Fee
- AGES 6-7: 9am—10:15am
- AGES 8-9: 10:30am—11:45am
- Fundamentals, Dribbling, Shooting, Passing, Defense, Footwork and more
- Refresh your player's basketball skills and prepare for Winter basketball!

SHOOTING / DRIBBLING WORKSHOPS

Ages 10-12 and Ages 13-16

- Two Saturday Workshop Sessions
11/14 & 11/21
- 90 minute sessions
- \$79 Registration Fee
- AGES 10-12: 12—1:30pm
- AGES 13-16: 1:45pm—3:15pm
- Dribbling & Footwork on 11/14
- Shooting & Scoring on 11/21
- Advance your player's basketball skills and take your game to the next level!

- Small Group Format
- Outdoor, open-air courts
- Boys and Girls
- Limit 6 Players Per Full Court
- Professional Coaching

- Workshop location @ ASA courts:
2361 Florencita Drive
Montrose, CA 91020

Register Online Today
WWW.FOOTHILLHOOPS.ORG



Foothill Hoops will follow all 'Reopening Protocols for Youth Sports Leagues' as required by the County of Los Angeles Department of Public Health, and by the Order of the State Public Health Officer to ensure, protect and support the health of our members.